



Remember to wash your hands well before eating.



සමසුපකං - *Samasūpakang*  
Mix equal amounts from each curry for every mouthful.

න ඊපතො ඔමදිත්වා  
*Na Thūpatō Ōmaditvā*

Do not start eating from the top of the plate.



සපදානං  
*Sapadānang*

Start eating from the side closest to you.



ඔදනෙන පට්චිඡාදෙස්සාමි  
*Ōdanena Paticchādessāmi*

Do not cover the curries with the rice.